

# 2010-2011 Age Divisions & Weight Classes

Effective in Washington State September 1<sup>st</sup>, 2010 through August 31<sup>st</sup>, 2011

DIVISION	BIRTHDATE	MATCH TIME LIMIT Folkstyle	MATCH TIME LIMIT Freestyle / Greco Roman	NO. OF WEIGHTS	WEIGHT CLASSES
<b>Pee Wee</b>	Born 2005 and after (State level programs only)	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods  NO Greco Roman for this age group	Determined at event	Determined at event (This age group competes within State & Club levels and not at Region level and not at Greco Events)
<b>Bantam</b>	Born 2003-2004 (State level program only) (This age group competes within state & club levels and not at all Kids Regionals)	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods  NO Greco Roman for this age group	9 plus	40 / 45 / 50 / 55 / 60 65 / 70 / 75 / 75+ 15 lbs. maximum difference (This age group competes within State & Club levels and not at all Region level and not at Greco Events)
<b>Intermediate</b>	Born 2001-2002	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	13 plus	50 / 55 / 60 / 65 / 70 75 / 80 / 87 / 95 / 103 112 / 120 / 120+ 20 lbs. maximum difference
<b>Novice</b>	Born 1999-2000	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	15 plus	60 / 65 / 70 / 75 / 80 85 / 90 / 95 / 100 / 105 112 / 120 / 130 / 140 / 140+ 25 lbs. maximum difference
<b>Schoolboy /Girl</b>	Born 1997-1998	3 - 90 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	17	70 / 77 / 84 / 91 / 98 / 105 / 112 / 120 / 128 / 136 / 144 / 152 / 160 / 175 / 190 / 210 / 265
<b>Cadet*</b>	Born 1995-1996 <b>*FILA weights/ages differ</b>	3 - 2 minute periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	17	84 / 91 / 98 / 105 / 112 / 119 / 125 / 130 / 135 / 140 / 145 / 152 / 160 / 171 / 189 / 215 / 285 Female weight classes and birth year differ. See USA Website for Female Weight classes and birth years.
<b>Junior*</b>	Born 9/01/91 and after, plus be enrolled in grades 9-12 (other rules apply) <b>*FILA weights/ages differ</b>	3 - 2 minute periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	15 Male 12 Female	<b>MEN</b> 98 / 105 / 112 / 119 / 125 130 / 135 / 140 / 145 / 152 / 160 / 171 / 189 / 215 / 285 <b>WOMEN</b> 97 / 105 / 112 / 117 / 121 / 125 / 130 / 139 / 148 / 159 / 172 / 198
<b>Senior</b>	Born 1991 or before 1992-1993** Women 1991 or before 1992-1994** <b>**medical certificate required to participate</b>	3 - 2 minute periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	7 Male 7 Female	<b>MEN</b> 55 KG - 121.25 LBS / 60 - 132.25 / 66 - 145.5 / 74 - 163 / 84 - 185 / 96 - 211.5 / 120 - 264.5 <b>WOMEN</b> 48 KG - 105.75 LBS / 51 - 112.25 / 55 - 121.25 / 59 - 130 / 63 - 138.75 / 67 - 147.5 / 72 - 158.75