

2009-2010 Age Divisions & Weight Classes

Effective in Washington State September 1st, 2009 through August 31st, 2010

DIVISION	BIRTHDATE	MATCH TIME LIMIT Folkstyle	MATCH TIME LIMIT Freestyle / Greco Roman	NO. OF WEIGHTS	WEIGHT CLASSES
Pee Wee	Born 2004 and after (State level programs only)	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods NO Greco Roman for this age group	Determined at event	Determined at event – within 5 pounds of each other (This age group competes within State & Club levels and not at Region level and not at Greco Events)
Bantam	Born 2002-2003 (State level program only) (This age group competes within state & club levels and not at all Kids Regionals)	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods NO Greco Roman for this age group	9 plus	40 / 45 / 50 / 55 / 60 65 / 70 / 75 / 75+ 15 lbs. maximum difference (This age group competes within State & Club levels and not at all Region level and not at Greco Events)
Intermediate	Born 2000-2001	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	13 plus	50 / 55 / 60 / 65 / 70 75 / 80 / 87 / 95 / 103 112 / 120 / 120+ 20 lbs. maximum difference
Novice	Born 1998-1999	3 - 60 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	15 plus	60 / 65 / 70 / 75 / 80 85 / 90 / 95 / 100 / 105 112 / 120 / 130 / 140 / 140+ 25 lbs. maximum difference
Schoolboy /Girl	Born 1996-1997	3 - 90 second periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	17	70 / 77 / 84 / 91 / 98 / 105 / 112 / 120 / 128 / 136 / 144 / 152 / 160 / 175 / 190 / 210 / 265
Cadet*	Born 1994-1995 *FILA weights/ages differ	3 - 2 minute periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	17	84 / 91 / 98 / 105 / 112 / 119 / 125 / 130 / 135 / 140 / 145 / 152 / 160 / 171 / 189 / 215 / 285 Female weight classes and birth year differ. See Female Weight classes and birth years.
Junior*	Born 9/01/90 and after, plus be enrolled in grades 9-12 (other rules apply) *FILA weights/ages differ	3 - 2 minute periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	15 Male 12 Female	MEN 98 / 105 / 112 / 119 / 125 130 / 135 / 140 / 145 / 152 / 160 / 171 / 189 / 215 / 285 WOMEN 95 / 102 / 109 / 116 / 124 / 132 / 139 / 146 / 153 / 165 / 190 / 220
Senior	Born 1990 or before 1991-1992** Women 1990 or before 1991-1993** **medical certificate required to participate	3 - 2 minute periods No rest periods between	3 – 2 minutes periods 30 second rest between periods	7 Male 7 Female	MEN 55 KG - 121.25 LBS / 60 - 132.25 / 66 - 145.5 / 74 – 163 / 84 – 185 / 96 - 211.5 / 120 - 264.5 WOMEN 48 KG - 105.75 LBS / 51 - 112.25 / 55 - 121.25 / 59 – 130 / 63 - 138.75 / 67 - 147.5 / 72 - 158.75